



PRESSRELEASE - ACTIC GROUP AB

February 14, 2020

Telephone conference Actic's Year End Report 2019

Actic will publish its Year-end Report 2019 on Thursday, February 20 at 07:45 am CET. A telephone conference will be held at 10:00 am CET on the same day, where CEO Anders Carlbark and CFO Stephan Ebberyd comments on the report.

The telephone number is +46 8 229090 and the code 426565#.

The interim report will only be published in Swedish, but presentation material in English will be available on Actics website: www.acticgroup.com.

For further information, please contact:

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Actic (formerly Nautilus Gym) was founded in 1981 and launched the Gym & Swim club concept. The company began its international expansion in 1995 and as per 30 June 2019, Actic had 182 facilities and 222,000 members in four countries. Actic's main markets are Sweden, Norway as well as Germany and Austria. Actic offers a well-established exercise method known as high-intensity training (HIT) and offers its members personal training programmes including follow-up sessions with trained instructors. Together with swimming, this forms the core of Actic's offering and differentiates us in the market.

Actic's vision is to create a healthier society by attracting a broad target group and thereby expanding the market. The facilities engage in the local community to contribute to a healthier society. Actic, which has its head office in Solna, Stockholm, has approximately 800 full-time equivalent employees and had net sales of SEK 941 million in 2018. Actic is led by its President and CEO Anders Carlbark.