



Press release

2019-10-31

Telephone conference Actic's interim report Q3 2019

Actic's interim report for the first nine months 2019 will be published on Wednesday 6 November at 07:45 am CET. A telephone conference will be held at 10:00 am CET on the same day, where CEO Anders Carlbark and CFO Jörgen Fritz comments on the report.

The telephone number is +46 8 229090 and the code 426565#. Before the conference a presentation will be published on www.acticgroup.com.

For further information, please contact:

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About Actic

Actic (formerly Nautilus Gym) was founded in 1981 and launched the Gym & Swim club concept. The company began its international expansion in 1995 and Actic has about 180 facilities and 222,000 members in four countries. Actic's main markets are Sweden, Norway and Germany. Actic offers a well-established exercise method known as high-intensity training (HIT) and offers its members personal training programmes including follow-up sessions with trained instructors. Together with swimming, this forms the core of Actic's offering and differentiates us in the market. Actic's vision is to create a healthier society by attracting a broad target group and thereby expanding the market. The facilities engage in the local community to contribute to a healthier society. Actic, which has its head office in Solna, Stockholm, has approximately 800 full-time equivalent employees and had net sales of SEK 941 million in 2018. Actic is led by its President and CEO Anders Carlbark.