

2019-02-11

## **Telephone conference Actic's Q4 report**

Actic's Year-end report for 2018 will be published Thursday 14 February at 07:45 am CET. In a telephone conference at 10:00 am CET the same day CEO Anders Carlbark and CFO Jörgen Fritz will comments on the report.

The telephone number is +46 8 22 90 90 and the code 426565.

A presentation will be published on www.acticgroup.com before the conference.

## For further information, please contact:

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## **About Actic**

Actic (formerly Nautilus Gym) was founded in 1981 and launched the Gym & Swim club concept. The company began its international expansion in 1995 and as per 30 September 2018, Actic had 178 facilities and over 220,000 members in four countries. Actic's main markets are Sweden, Norway and Germany. Actic offers a well-established exercise method known as high-intensity training (HIT) and offers its members personal training programmes including follow-up sessions with trained instructors. Together with swimming, this forms the core of Actic's offering and differentiates us in the market.

Actic's vision is to create a healthier society by attracting a broad target group and thereby expanding the market. The facilities engage in the local community to contribute to a healthier society. Actic, which has its head office in Solna, Stockholm, has approximately 800 full-time equivalent employees and had net sales of SEK 881 million in 2017. Actic is led by its President and CEO Anders Carlbark.