



Press release

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Trine Lise Marsdal proposed as new Board member of Actic Group

The Nomination Committee of Actic Group AB (publ) propose to the Annual General Meeting Trine Lise Marsdal as new Board member. Trine Lise Marsdal is since 2016 CFO of Nordic Choice Hotels with responsibility for the Group's financing and accounting as well as corporate governance and business performance. Trine has previous experience from PwC and has among others been CFO of Optimera AS.

"Except for the formal competence and experience as CFO of several companies, the Nomination Committee and the Board see a great advantage in that Trine can bring Actic experiences from the environment of service and strong culture that so clearly characterizes Petter Stordalen's companies", says Göran Carlsson, Chairman of the Board of Actic Group.

Further, the Nomination Committee propose re-election of Göran Carlsson, Stefan Charette, Therese Hillman, Viktor Linnell and Fredrik Söderberg. Åsa Wirén has declined re-election. Göran Carlsson is proposed to be re-elected as the Chairman of the Board.

For further information, please contact:

Niklas Alm, Investor Relations, niklas.alm@actic.se, +46 70 824 40 88

About Actic

Actic (formerly Nautilus Gym) was founded in 1981 and launched the Gym & Swim club concept. The company began its international expansion in 1995 and as per 31 December 2018, Actic had 177 facilities and over 220,000 members in four countries. Actic's main markets are Sweden, Norway and Germany. Actic offers a well-established exercise method known as high-intensity training (HIT) and offers its members personal training programmes including follow-up sessions with trained instructors. Together with swimming, this forms the core of Actic's offering and differentiates us in the market.

Actic's vision is to create a healthier society by attracting a broad target group and thereby expanding the market. The facilities engage in the local community to contribute to a healthier society. Actic, which has its head office in Solna, Stockholm, has approximately 800 full-time equivalent employees and had net sales of SEK 941 million in 2018. Actic is led by its President and CEO Anders Carlbark.